



# Star Wars



## M.M.M.C.S. Weekly Activities for Families

**Optional** activities and **suggestions** for families (all students in the family) this week:

**Week of: Monday, May 4th, 2020 - Friday, May 8th, 2020**  
**Star Wars ~ May the Force be With You**

**Literacy:** Read some of these books or use the links to learn about Earth Day/Earth Week:

**Login:** Direct Link: [Tumble Book Library](#)

Username: tumble735

Password: books

Login: Direct Link: [Knowbuddy Books](#)

Username: info@knowbuddyresources.ca

Password: KNOWBUDDY

Login: Direct Link: [Crabtree Books On Line:](#)

Username: read

Password: books

**Login:** [Epic Books](#) **Explore:** Star Wars

[5 Minute Star Wars Story](#)

[Star Wars: A New Hope](#)

[The Empire Strikes Back](#)

[Return of the Jedi](#)

[Droid Wars](#)

[Star Wars](#)

[Star Wars: The Force Awakens](#)

[Robots](#)

[Star Wars movies - Lego summary](#)

[Star Wars Word Search](#)

[Star Wars Mad Lib](#)

**Science:** Watch some of these videos! [What is the Force?](#) When you walk today, stop and put both hands on a tree, close your eyes and stay very still, breathe, listen and feel? Can you feel the Force?

[What is a Black Hole?](#)

[Why is Mars red?](#)

[What would it be like to live on the Moon?](#) [Is Earth the only planet with life?](#)

**Numeracy:** Focus on: Measurement [StarWars Paper Plane Contest](#) [Paper Plane Record](#)

[Sheet](#) [Star Wars Kids - Count how many times the "Force" mentioned in all 10 movies](#)

[Star Wars Math \(intermediate\)](#)

[Star Wars Math - answers](#)

**Writing:**

- Create a one page journal entry at the end of the week about your favourite Star Wars character.. The family could create a picture or video showing your favourite scene from Star Wars.

• [Star Wars Word Scramble](#)

[Star Wars Word Search - Easier](#)

[Star Wars Word](#)

[Search - Harder](#) by

**Social Emotional Learning:** focus on healthy habits this week: [How to be a hometown HERO](#)

[What's Your Superpower?](#) Most superpowers are things you do every day, like being kind, helping someone, or saying thank you. Draw or write about your superpower and draw yourself as a superhero.

**Rocks:** Collect smooth, small stones and paint them. (if you can) Write kind and positive messages on the rocks. Think about what kind of message would brighten up someone's day. Go for a walk with a family member and place these stones for others to find. [More Ideas for Kindness Rocks](#)

[Star Wars Yoga - primary](#)    [The Force Awakens Yoga - primary](#)  
[Why do yogis sound like Darth Vader? Intermediate](#)    [Learn how to do Ujjayi-Darth Vader breathing](#)

**Gym/Physical Health:**

Links from Mrs. Andersen

[Exercise at Home: DASH BC](#)

[Star Wars Jedi Workout](#)

[Star Wars Jedi "light side" HIIT workout](#)

[Star Wars Obi-Wan workout](#)

[Cosmic Kids Yoga - Star Wars \(The Force Awakens\)](#)

"Master Yoda says I should be mindful of the future... but not at the expense of the moment." -Qui Gon Jinn

**ELL:** [Darth Vader labels](#)    [Princess Leia labels](#)    [Maze activity](#)

**Indigenous Connection:** [Star Wars Characters](#)    [Andy Everson Print Gallery](#)  
[Using Star Wars to critique the BC Treaty process](#)

- Read about [Andy Everson's](#) Star Wars inspired artwork and the Star Wars metaphor for colonization. Use this blank [Storm Trooper](#) to create your own [Tenacity](#) print.

**Multi-Cultural Thread:** [Darth Vader Origami bookmark](#)

**Fine Arts:** [ArtKidsHub Star Wars Guided Draw](#)    [Draw So Cute - Star Wars Guided Draw](#)  
[Star Wars I Spy](#)    [How to Draw: Storm Trooper](#)

**Music:** [Mrs. Brooks' YouTube](#) OR [MusicPlayOnline.com](#)

[Star Wars Cast sings Star Wars medley](#)

[Star Wars Main Theme:](#) **listen and draw to music**

**Singing:** [Sing Along to All Star with Star Wars characters](#)    [All Star Lyrics](#)

**ADST/Project Based Activity:**

- Use LEGO to create a Star Wars vehicle or character. Take a photo and show us your creation! Email photos to [kscheck@prn.bc.ca](mailto:kscheck@prn.bc.ca)
- Use recycled materials to create a vehicle or character from Star Wars. Take a photo and show us your creation! Email photos to [kscheck@prn.bc.ca](mailto:kscheck@prn.bc.ca)
- Learn how to code with this STAR Wars coding game [Hour of Code](#) Choose the blocks option for 6+ years and the Java and blocks option for 11+ years.
- SD 60 String and Nail Art Video <https://youtu.be/2jb9MU9VTbE->

**Ways to help your community:**

- Say "May the 4th be with you" to everyone you talk to online or on your walk today. You can tell the Star Wars fans by how they smile when you say it. Practice physical distancing, of course!